CD Awards

**Objective**
- To acknowledge the positive accomplishments of other participants
- To create unique and customized medals of achievement for each participant

**Materials**
- Old CDs (one for each participant)
- Access to a microwave
- Sharpie markers
- Jumbo binder clips

**Setup**
- None

**Instructions**
1. Write the names of all your program participants on a slip of paper and place slips of paper in a hat.
2. Have each participant pick a name out of the hat.
3. Ask them to think about one nice thing for which they would like to acknowledge this person.
4. Explain that they will be making a special medal of recognition for this person.
5. Distribute one CD to each participant.
6. Have participants place their CDs in the microwave for thirty to forty-five seconds on a microwave-safe plate.
7. The CDs will fragment to create a glass mosaic look.
8. Have participants write the name of their person and their acknowledgement of them on the CD.
9. Have them attach the jumbo binder clip to the bottom of the CD to create a base for the medal.
10. Have participants form a circle and present their award to the person whose name they chose.

**Debrief**
- Was it difficult to think of something nice to say about your peers?
- How did it feel to receive your medal?
- What are other nice things we can do for each other?

**Dial it Down**
- Pre-microwave the CDs.
- Give participants a label on which to write their award acknowledgements.
- Use the binder clip to attach the label and the CD.