Body Map

What is your favorite memory?

When have you helped others?

When have others helped you?

What is something significant you have done?

Whom do you love? Who is special and important to you?

What are some times or things that you “hunger” for in life?

What are some places you have gone?

What goals have you achieved?

What goals are you currently working towards?

What are the places you hope to go?

What is something significant you are currently working on?